**Keeping the Faith: Connecting with God and others during lockdown**

Stories have the ability to energise us during difficult circumstances. Woven, the London District Theme for 2019 – 2021, centres on the power of storytelling to transform and renew us as followers of Christ. We invite you to share your story with us on how you’ve kept your Christian faith alive during the current lockdown.

‘Whether or not the stories have happy endings, just by telling the story of how God works in our lives, we bear witness to what God has done and is doing, for us personally’

**Clive Marsh, Vice President of the Methodist Conference 2019/20**

**How to share your faith story**

To share your story, you can either film yourself using your mobile phone or any other recording device in a short 3 – 5 minute clip. Alternatively, the Woven Project Coordinator (Fola Oyeleye) can organise to record an online video interview with you through a web video conferencing app. To contact Fola, email [fola@methodistlondon.org.uk](mailto:fola@methodistlondon.org.uk).

**What to share**

* **Introduce yourself**: your name and brief information about yourself such as the name of your local church and the area you live in.
* **Describe briefly how the current lockdown has affected you directly and/or indirectly**. (For example, you may have had a higher workload due to colleagues being unwell, you may now have to share a single computer between three members of the family etc.)
* **How are they keeping your Christian faith alive during the lockdown**. (For example, this can be specific reassuring experiences from your bible reading that gave you peace, staying in touch with friends who you pray with, meditating on Psalms on God’s protection etc.)

**Some useful guidelines for filming**

* Start your video by introducing yourself. For example, you can say ‘My name is Faith Hope and I attend Love Church in the Corinthian Circuit’.
* Keep your recording to the recommended time of 3 – 5 minutes
* Share it with love and enthusiasm. Speak clearly and in a natural, relaxed tone of voice
* Shoot your video in good light (you should be facing the source of light)
* Shoot your video in landscape mode and be sure not to block your phone’s microphone
* For additional tips, you can watch this four-minute video on how to film a testimony from your phone <https://vimeo.com/291123082>
* Have fun filming ☺

**To submit your video, click this link and upload your video** <https://www.dropbox.com/request/IjghzGkkq88TzCfay3Vr>